

THE  
**POSITIVES**

**EAT THEM  
 TO DEFEAT THEM**



**DURING FEBRUARY**

<b>MONDAY 19<sup>TH</sup></b>	<b>MAIN MEAL</b>	CHICKEN FAJITAS
<b>TUESDAY 20<sup>TH</sup></b>	<b>HYDRATION STATIONS</b>	CUCUMBER AND MINT, CARROT & GINGER, BEETROOT COOLER
<b>WEDNESDAY 21<sup>ST</sup></b>	<b>DESSERTS</b>	COURGETTE AND LEMON CAKE
<b>THURSDAY 22<sup>ND</sup></b>	<b>VEG GRAB POTS</b>	CARROT, MIXED PEPPERS, CUCUMBER, CELERY, COURGETTE & CAULIFLOWER
<b>FRIDAY 23<sup>RD</sup></b>	<b>SIDES</b>	ONION BHAJIS, CORN ON THE COB, CARROT STICKS
<b>MONDAY 26<sup>TH</sup></b>	<b>TASTING TABLES</b>	VARIOUS VEGETABLES
<b>TUESDAY 27<sup>TH</sup></b>	<b>MAIN MEAL</b>	VEGETABLE PIZZA
<b>WEDNESDAY 28<sup>TH</sup></b>	<b>HOME BAKES</b>	CARROT CAKE, PARSNIP FLAPJACKS
<b>THURSDAY 29<sup>TH</sup></b>	<b>DESSERTS</b>	BUTTERNUT SQUASH CRUMBLE

**\*\*COUNTER DESIGN COMPETITIONS = PRIZES\*\***