

THE
POSITIVES

EAT THEM TO DEFEAT THEM



DURING FEBRUARY

MONDAY 12TH	MAIN MEAL	CHICKEN FAJITAS
TUESDAY 13TH	HYDRATION STATIONS	CUCUMBER AND MINT, CARROT & GINGER, BEETROOT COOLER
WEDNESDAY 14TH	DESSERTS	COURGETTE AND LEMON CAKE
THURSDAY 15TH	VEG GRAB POTS	CARROT, MIXED PEPPERS, CUCUMBER, CELERY, COURGETTE & CAULIFLOWER
FRIDAY 16TH	SIDES	ONION BHAJIS, CORN ON THE COB, CARROT STICKS
MONDAY 26TH	TASTING TABLES	VARIOUS VEGETABLES
TUESDAY 27TH	MAIN MEAL	VEGETABLE PIZZA
WEDNESDAY 28TH	HOME BAKES	CARROT CAKE, PARSNIP FLAPJACKS
THURSDAY 29TH	DESSERTS	BUTTERNUT SQUASH CRUMBLE

****COUNTER DESIGN COMPETITIONS = PRIZES****