



GLUTEN FREE MENU SPRING/SUMMER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	GF Margherita pizza	Stir fried sweet chicken noodles	Roast pork dinner	Chicken tikka masala curry	Tomato & basil pasta
Week 2	Mexican style beef chilli	Mac 'n' cheese	Roast chicken dinner	Vegetable biryani	BBQ chicken & pepper pizza
Week 3	Chicken & salsa wrap	Pepperoni pizza	Roast pork dinner	Cheese & tomato frittata	Cheesy potato taquitos
Week 4	Sausage & bacon wrap	Pasta with tomato sauce	Roast chicken dinner	Beef burrito	Tuna & sweetcorn pizza
AVAILABLE DAILY					
Cheese sandwich Tuna mayo sandwich Ham sandwich Chicken tikka wrap			Jacket potato with the following fillings: Cheese Baked beans Tuna mayo		
DAILY DESSERTS Jelly Fruit Yoghurt Ice cream					

